



### Course syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
DANC-112	Contemporary Dance II, Technique 1	4
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
DANC-111	Music and Dance	Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Contemporary Dance	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Alexander Michael	1 <sup>st</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face to face	N/A	DANC-122

#### Course Objectives:

The main objectives of the course are to:

Further introduce the basic principles of the Martha Graham technique, building on the fundamentals acquired in Level I. Special attention will be given to the aesthetic qualities of the movement vocabulary. Focus on musicality will continue, as well as translating floorwork positions to standing and across the floor exercises.

#### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Continue to define terminology of the primary Graham exercises given in the beginning of the semester.
2. Demonstrate contractions, release (neutral), and spirals in all positions and identify how they are implemented in floor work (bounces, breathing, 3's and 6's, turns round the back, back leg extensions) and standing (turns, jumps, walks, running, leaps).
3. Apply movement principles from the floor work and to standing work.
4. Perform exercises based on simpler sections of Graham repertory.

#### Course Content:

1. Breathings, Contractions and Release
2. Spirals (Threes and Sixes)
3. Deep Stretches and Pleadings
4. Turns Around the Back
5. Graham plies (with contractions and S arms)

6. Foot work with spirals and contractions
7. Side contractions and Fan kicks
8. Circular Walks with Attitude
9. Rond de Jambe with Contractions
10. Walks and Skips
11. Traveling – Triplets, Running, Leaps
12. Large jumps
13. Simple Graham-based Combinations

**Learning Activities and Teaching Methods:**

Studio

**Assessment Methods:**

Attendance and In Class Performance, Practical Midterm Examination, Practical Final Examination

**Recommended Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Onstage with Martha Graham	Hodes, Stuart	University Press of Florida; 1st edition	2021	0813066387