



<b>Course Code</b> DAN-336	<b>Course Title</b> Ballet VI	<b>ECTS Credits</b> 4
<b>Department</b> Music and Dance	<b>Semester</b> Spring	<b>Prerequisites</b> DAN-335
<b>Type of Course</b> Major Core	<b>Field</b> Dance Technique	<b>Language of Instruction</b> English
<b>Level of Course</b> 1 <sup>st</sup> cycle	<b>Year of Study</b> 3 <sup>rd</sup>	<b>Lecturer</b> Christina Patsalidou
<b>Mode of Delivery</b> Face-to-face	<b>Work Placement</b> N/A	<b>Co-requisites</b> None

### **Objectives of the Course:**

This class is designed to serve as a follow through for the students that have completed Ballet V and have acquired the appropriate technique skills, strength and flexibility required to execute the work practiced in class. It is an intermediate-advanced level technique class where execution is considerably more refined with use of an extensive dance movement vocabulary a strong performance quality.

### **Learning Outcomes:**

1. Practice secure posture and correct weight placement while performing movements of increased complexity.
2. Perform an increased range of movements with co-ordination of the whole body, well stretched legs and articulated footwork.
3. Demonstrate with ease complex sequences which demand the combination of advanced vocabulary.
4. Perform with an acute sensitivity to the rhythmical structures, melody, texture and dynamic expression of the music.
5. Express an assured and confident performance with a high level of personal engagement.

### **Course Contents:**

1. Battement Frappes fouettes
2. Grand battements en cloche with retire
3. Grand battement passé developpe
4. Developpes devant and derriere en fondu
5. Double rond de jambe en l'air sauté
6. Emboite at 90
7. Temps de fleche
8. Fouette releve in center
9. Coupe fouette raccourci sauté en tournant

10. Triple pirouettes en dehors and en dedans
11. Pirouette endehor from grand plie
12. Grand pirouette en dehor in 3<sup>rd</sup> arabesque
13. Cabriole with double beating action
14. Pas de ciseaux
15. Ballotes sautés
16. Brise vole devant and derrire
17. Sissonne fermee en tournant
18. Grand pas de basque en tournant
19. Performance Clarity and Engagement
20. Stylistic Accuracy

**Learning Activities and Teaching Methods:**

Studio, supplemented by Visual Aids

**Assessment Methods:**

In Class Participation and Performance, Practical Midterm Evaluation, Written Self-Evaluation, Practical Final Examination

**Required:**

G.T.Y.F/Injury Form

**Recommended Textbooks/Reading:**

Authors	Title	Publisher	Year	ISBN
Grieg, Valerie	<u>Inside Ballet technique: Separating Anatomical Fact from Fiction in Ballet Class</u>	Princeton, NJ: Princeton Book Company	1994	0871271915
Vaganovva, Agrippina	<u>Basic Principles of Classical Ballet</u>	New York: Dover Publications	1969	0486220362