



Course Code DAN-234	Course Title Ballet IV	ECTS Credits 4
Department Music and Dance	Semester Spring	Prerequisites DAN-233
Type of Course Major Core	Field Dance	Language of Instruction English
Level of Course 1 st cycle	Year of Study 2 nd	Lecturer Christina Patsalidou
Mode of Delivery Face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course:

This is an intermediate level ballet technique class. It is assumed that students at this level already have the basic concepts of classical ballet well within grasp (i.e. positions of the feet, correct postural alignment, rotary leg movements, use of the fast flex muscles for quick footwork and petit allegro and mechanics of turning and execution of multiple turns). This course will embellish the dancers' movement vocabulary and provide them with the technical skills, musicality and performance quality to continue their growth as both artists and technicians.

Learning Outcomes:

After completing the course students will be able to:

1. Demonstrate secure placement, accurate alignment, strength and control over sustained and balanced movements and allegro combinations.
2. Practice proper mechanics of *en dehors* and *en dedans*.
3. Demonstrate stability and fluidity illustrating strong and harmonious lines during complex adagio sequences in addition to good use of *epaulement*.
4. Practice good use of the fast flex muscles for quick work & petit allegro
5. Demonstrate an ability to learn movement phrases quickly.
6. Perform complex sequences relating technical components within the class to performance sensibilities.

Course Contents:

New vocabulary introduced at the barre:

1. Grand rond de jambe
2. Penchee, cambre backwards
3. Flic flac
4. Single pirouette finishing in attitude devant and derriere
5. Continuation of double pirouette
6. Fouette rond de jambe
7. Grand battement fouette releve
8. Grand battement with releve
9. Grand battement balancoire

New vocabulary introduced in center:

10. Passé releve en tournant
11. Petit jete en tournant
12. Jete ordinaries battu devant and derriere,
13. Sissonnes battu ordinaries devant and derriere,
14. Entrechat trois, entrechaquatre
15. Assemble battu
16. Sissonne double
17. Emboites sautés by half turn
18. Chaines tours
19. Tour en l'air
20. Grand fouette sauté
21. Performance techniques

Learning Activities and Teaching Methods:

Studio, supplemented by Visual Aids

Assessment Methods:

In Class Participation and Performance, Practical Midterm Evaluation, Written Self-Evaluation, Practical Final Examination

Required:

G.T.Y.F/Injury Form

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Grieg, Valerie	<u>Inside Ballet technique: Separating Anatomical Fact from Fiction in Ballet Class</u>	Princeton, NJ: Princeton Book Company	1994	0871271915
Warren, Gretchen	<u>Classical Ballet Technique</u>	Gainesville, FL: University Press of Florida	1990	0813009456