



Course Code DAN-112	Course Title Contemporary Dance II (Graham)	ECTS Credits 2
Department Music and Dance	Semester Spring	Prerequisites DAN-111
Type of Course Major Core	Field Dance Technique	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 1 st	Lecturer(s) Alexander Michael
Mode of Delivery Face-to-face	Work Placement N/A	Co-requisites DAN-122

Objectives of the Course:

The purpose of this course is to further introduce the basic principles of the Martha Graham technique, building on the fundamentals acquired in Level I. Special attention will be given to the aesthetic qualities of the movement vocabulary. Focus on musicality will continue, as well as translating floorwork positions to standing and across the floor exercises.

Learning Outcomes:

After the completion of the course students are expected to be able to:

1. Continue to define terminology of the primary Graham exercises given in the beginning of the semester.
2. Demonstrate contractions, release (neutral), and spirals in all positions and identify how they are implemented in floor work (bounces, breathing, 3's and 6's, turns round the back, back leg extensions) and standing (turns, jumps, walks, running, leaps).
3. Apply movement principles from the floor work and to standing work.
4. Perform exercises based on simpler sections of Graham repertory.

Course Contents:

1. Breathings, Contractions and Release
2. Spirals (Threes and Sixes)
3. Deep Stretches and Pleadings
4. Turns Around the Back
5. Graham plies (with contractions and S arms)
6. Foot work with spirals and contractions
7. Side contractions and Fan kicks
8. Circular Walks with Attitude

9. Rond de Jambe with Contractions
10. Walks and Skips
11. Traveling – Triplets, Running, Leaps
12. Large jumps
13. Simple Graham-based Combinations

Learning Activities and Teaching Methods:

Studio

Assessment Methods:

In Class Participation and Performance, Journal, Practical Midterm Examination, Practical Final Examination

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Horosko, Marian	<u>Martha Graham: The Evolution of Her Dance Theory and Training</u>	Gainesville, FL: University Press of Florida	1991	0813024730